



**Following Jesus:  
Rhythms of Life & Extending  
His Kingdom**

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**Chuck Miller (2008)**



*"We are the people of  
God before we do the  
work of God"*





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**Mark 6**





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## Important Ministry: Then...and Now



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## The Apostle Paul: Passing the Baton



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## Burnout



Leadership Journal readers were asked, "Have you experienced burnout in your ministry?"

- A. 18.2%: "Yes, I'm fried to a crisp right now."
- B. 28.4%: "Yes, but I'm learning to endure despite the heat."
- C. 26.5%: "Yes, in the past, but I made significant changes and it's gone now."
- D. 17.6%: "I'm not sure if what I had was burnout or something else."
- E. 9.3%: "No, I've never been burned out."

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### Pitcher / Cup



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### Pitcher / Cup



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*Pitcher / Cup is the source from which Saucer / Plate flows.*



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## Saucer



"God never asked us to meet life's pressures and demands on our own terms or by relying upon our own strength. Nor did He demands that we win His favor by assembling an impressive portfolio of good deeds. Instead, He invites us to enter His rest."

Charles R. Swindoll  
*The Grace Awakening*



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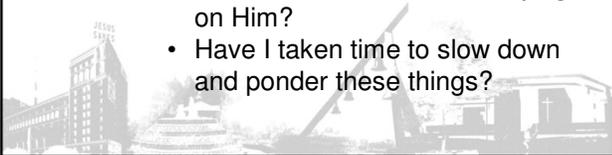
## But first... a heart check



### **Spend 5 minutes with the Lord**

In the past month...

- Where have I seen Jesus intervene in my ministry?
- How have I responded in faith to the needs where I serve, relying on Him?
- Have I taken time to slow down and ponder these things?



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## Plate



- *Mark 6:39-44*
- *Paradoxically easy*
- *A Note on the Disciplines*
- *Game with Minutes / Prayer of Recollection*
- *Under the Unpredictable Plant*
- *Further up and further in!*



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## Conclusion



- *Follow Jesus' example of Pitcher/Cup, Saucer/Plate (Mark 1 & 6)*
- *The glory of God is man fully alive*
- *Look for God's presence*
- *What 1 or 2 insights from the Lord will you take home with you?*

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*Thank you!*

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