

Prayer of Recollection Exercise

1. First, confess those places where you may have made other things first and foremost before Jesus. In what places at the core of your soul have you attempted to identify with that are inappropriate from who you are in Jesus?
 - a. Examples: “I am what I do”, “I am what I have” “I am a spouse”, “I am a church volunteer”, “I am a provider”, “I am an employee”, “I am a son” *etc.*

2. Talk with the Lord about who you are in Him. Write down those things that come to mind.
 - a. Examples “I am a beloved son or daughter of God”
“I am united with the Holy Spirit”
“I am chosen by the King of the Universe”
“I have been adopted as an heir with Christ”

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3. Consider for a moment how you have been praying to God in recent months. Do you approach Him as you would a genie that you hope will grant you wishes? Does He have a will that you're consulting? Or do you expect Him to be controlled by you? Receive His grace for you where you are at, and remember that He wants your growth far more than you do. List below some of the ways you pray to God, what feelings this evokes in you, and what areas of your life where you see God molding you more into the image of His Son, which may be continued places of growth for you in 2012.

4. In closing, pray a prayer like this to the Lord: "God, whatever I am to become, I want to do it in you and through abiding in Christ. Thank you that whatever I am, it is only because you allow it." Ask God to help you to abide in Him, because you can't do it on your own. You can only do it through Him, which He knows and wants to help you in. Ask Him to continue showing you this week more of the ways you are in Him (#2) and to celebrate those with him this week.

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